





- Look at the picture on pages 82 to 83 of the EMOTIONARY.
 - Describe the two characters.

There are two girl dogs, who look very similar.

They are both holding a balloon.

How many differences can you find between them?

Their dresses are a different colour and have different patterns on them; One has blue eyes, the other one has brown eyes; One is holding a big balloon, the other one is holding a small balloon; One is looking happy, the other one isn't.

What do you think the characters are thinking? Write your answers in the speech bubbles below.



I'm so happy with this lovely big balloon that I just bought.

I wish my balloon was as big as hers!



Worksheets





- Read the text on page 82 of the EMOTIONARY and write T (true) or F (false) next to the sentences.
 - F Jealousy and envy are the same thing.
 - T Jealousy and envy stop you from being happy.
 - F You feel jealous when someone tries to take something from you that is yours.
 - T You feel envious when someone has something that you want.
 - T Feeling envious makes you feel sad.
 - Now rewrite the false sentences.

Jealousy and envy are two different things.

Jealousy makes it difficult to share what you consider to be yours.

- 4 Answer the questions about **envy** and **jealousy**.
 - What do they have in common?

Sample answer: They stop you being happy or wanting the best for others.

What is the difference between them?

Sample answer: Jealousy makes it difficult to share your things.

Envy makes you want what others have.

How do they make you feel towards the people around you?

You don't want things to go well for them.





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5	n the text on page 82 of the EMOTIONARY it says that envy and ealousy feed off each other. If something feeds off something else, what happens to it? Tick the correct answer.					
	☐ It gets stronger. ☐ It is destroyed. ☐ It becomes like the other thing					
	Read the definitions below and add the phrases in the correct place.					
	to feed back	to bite the hand t	hat feeds you			
	to feed into	to feed	one's face			
	to eat a lot → to feed one's	s face				

to put something into something → to feed into

to act badly towards someone who is helping you > to bite the hand that feeds you

to give someone the information they need to know → to feed back

- What do you think Danny might feel in the following situations? Write J (jealousy) or E (envy) next to each situation.
 - J He has a new baby sister.
 - E Danny's best friend gets a skateboard as a present.
 - J One of Danny's cousins comes to live at his house for a year.
 - E All Danny's friends have new jeans.
 - J Danny's mum has gone back to work after being at home for two years.
- Envy and jealousy go hand in hand. This means that they are closely related. What other things go hand in hand? Complete the pairs.
 - lock and key

- shoes and socks
- bucket and spade
- moon and stars

Worksheets





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Read what Harry and Edie say and answer the questions below.

Harry

My best friend is called Matt. He's good fun! We do everything together and we have a great time. But now his cousin Sam has come to live with him for a year. They spend the whole day together. Sometimes I go and play with them but they have these private jokes and games. I don't like Sam. I don't understand what Matt sees in him.

My cousin Poppy has red hair. Her mum puts it in plaits and buns and ponytails for her. She buys her some really cute hair clips too. It's as if she wants the whole world to see what lovely hair she has. It's not fair. Why can't I have hair like that?

Edie

Which of the two people feels jealous? Which feels envious?

Edie feels jealous. Harry feels envious.

What is Harry afraid will happen to his relationship with Matt?

He's afraid that Matt won't play with him any more.

What makes Edie sad?

The fact that Poppy has beautiful hair.

Do you think either of them could do anything to change the situation? If so, what?

Harry could speak to his friend and explain how he feels. Edie could focus on her own good points.

Worksheets





Read the text and draw a picture to go with it. Then answer the questions.

Leo is sad because he is shorter than Amy. Amy is sad because Aisha has a toy that Amy wants. Aisha is sad because Henry is eating an ice cream which looks delicious. Henry is sad because Clara has a backpack he really likes. Clara is having fun with her skateboard.

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• Are any of the children happy? Who?

Yes, Clara is happy.

Do you think the children are enjoying what they have got? Why / Why not?

Sample answer: No. Because they are just focusing on what the others have got and they haven't.











NOTES

The EMOTIONARY worksheets belong to the *Say What You Feel* series. For more information on the series, further worksheets and other supplementary materials, please go to www.palabrasaladas.com/f/emo_eng.html