







- Look at the picture on pages 80 to 81 of the EMOTIONARY and answer the questions.
 - What is the character on the left doing?

He's reading a book. All the letters are flying out of the book.

What are the rest of the characters doing?

They are watching the letters fly through the air.

How would the cl	haracters on the r	ight describe what th	
character on the le	ft is doing?		
marvellous	boring	incredible	
easy	fun	fascinating	
fantastic	stupid	simple	

Write about the extraordinary things that someone you admire knows how to do.

Open answer





- Read the text on page 80 of the EMOTIONARY and answer the questions.
 - What kind of people do we admire? Write an example that isn't in the text.

Sample answer: a friend who can sing really well; a TV comedian who is really funny; a grandparent who can still do all the things they did when they were young.

Is it always easy to find something to admire in everyone?

No. Sometimes you have to look hard for it.

What do we need to be aware of to be able to admire others?

We need to be aware of our own limitations.

Match the following definition with a word from the text on page 80 of the EMOTIONARY.

something that controls what a person is able to do

LIMITATION

Write down two things that control what you are able to do.

Sample answer: our natural ability; our determination; the opportunities we are given.





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Write examples of the following.

two qualities that you have and your best friend doesn't

Open answer

two qualities that your best friend has and you don't

Open answer

two things that a member of your family is able to do and you aren't

Open answer

two things that you are able to do and a member of your family isn't

Open answer

Write down some ways in which you can express your admiration.

Sample answer: by saying 'Wow! That's amazing! You do that so well'; by telling your friends how well the person does the thing you admire.





Look around you and write down five things that other people can do and you can't.

For instance, My friend Harry can shate really well, but I can't.

Open answer

Would you like to be able to do any of these things? Which ones?

Open answer

Do you think that the people who can do these things are admirable? Why? / Why not?

Open answer

What other things would you like to be able to do? What would you be prepared to do to achieve these things?

Open answer





8 Make a list of 10 things you think are admirable. Put them in order from the most to the least admirable.

Open answer

1			
2	 		
3	 		
4	 	 	
5	 	 	
6	 		
7			
<i>/</i>	 		
8			
O			
9.			
10.			

- Answer the questions.
 - What would you most like to be admired for?

Open answer

What do you need to do to achieve this?

Open answer









NOTES

The EMOTIONARY worksheets belong to the *Say What You Feel* series. For more information on the series, further worksheets and other supplementary materials, please go to www.palabrasaladas.com/f/emo_eng.html