





Look at the picture on pages 68 to 69 of the EMOTIONARY and answer the questions.

What is the cat looking at?

Sample answer: The cat is looking at the clouds.

What do you think it is waiting for?

Sample answer: The cat is waiting for the clouds to turn into fish, so it can eat them.

2 Write down three things that you get excited about.

Open answer

Why do you get excited about these things? What do you get out of them?

Open answer

1



3

Read the text about excitement on page 68 of the EMOTIONARY and complete the sentences.

- Excitement is the anticipation that we feel when something we want is coming soon.
- Excitement is an ingredient which makes life more tasty.
- Practically anything can make us excited.

Match each word to its definition.

- anticipation a party or special event
 energy one of the foods we use in making a special meal
 celebration enthusiasm and determination
 ingredient a feeling of excitement about something
 - dient / a feeling of excitement about something that is going to happen soon

Match each ingredient to the dish it belongs to.

Digestive biscuits full English breakfast
minced meat chicken tikka massala
potatoes lasagna
bacon banoffee pie
curry paste Spanish omelette
flour apple crumble



In one Winnie the Pooh story, Pooh was thinking about honey. He thought that eating honey was a very good thing to do, but 'there was a moment just before you began to eat it which was better than when you were, but he didn't know what it was called'. What was the word he didn't know?

Anticipation.

Complete the sentences with words from the **excitement** family.

excitement >	excited	exciting	unexciting
	to excite	excitable	

- Jess had a really unexciting weekend. She didn't feel very well, so she stayed at home with her grandad, whilst her family went to the fair.
- Isaac is excited about his birthday already and it isn't for another month! He's a very excitable person.
- Sarah, don't excite the dog! He's going to start barking!
- We are going on holiday tomorrow. It's so exciting!

What is the opposite of **excitement**? Put the letters in order to make two words.

M O B R O E D → BOREDOM

L E D S U L N S → DULLNESS



emotiOnary

NICK

Read what Nick said one day.

My sister Ciara gets excited when she thinks about learning to ride a horse. My mum has said she can if she works hard at school this year. But I get excited when I imagine myself BEING a horse and galloping through the countryside!

Do you think that Ciara's dream will be fulfilled? What does she have to do to achieve it?

Probably. She has to work hard at school.

What about Nick's dream? Will it ever be fulfilled?

No, Nick's dream won't be fulfilled, because he is a human, not a horse.

Is it more disappointing to have a dream like Nick's or like Ciara's? Why?

Open answer

Think about some of the things you get excited about (you can use the things you wrote down in activity 2, then add some more) and put them in the correct column in the table below.

Dreams that can be fulfilled	Dreams that can't be fulfilled	
Open answer		

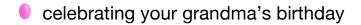
4



10 Look again at the picture on pages 68 to 69 of the EMOTIONARY. Do you think that the cat's dreams will be fulfilled? Why? / Why not?

Open answer

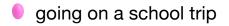
Write down three reasons why you might get excited in the following situations.



Open answer



Open answer



Open answer









The EMOTIONARY worksheets belong to the *Say What You Feel* series. For more information on the series, further worksheets and other supplementary materials, please go to www.palabrasaladas.com/f/emo_eng.html

6