Boredom

1. Look at the picture on pages 66 to 67 of the EMOTIONARY and write down what you think the piglet is thinking.

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2. Answer the questions below about the picture.

Do you think the piglet is bored? Why / Why not?

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________________________________________________________________________
________________________________________________________________________

What could he do to stop himself from being bored? Give him three ideas.

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________________________________________________________________________
Read the text about boredom on page 66 of the Emotionary and write T (true) or F (false) next to the sentences below.

☐ Boredom is the same as tiredness.

☐ Boredom strikes when we are doing something that doesn’t satisfy us.

☐ When we are bored, time passes very quickly.

☐ When we are bored, we aren’t having a good time.

Find words from the text in the word search and write them next to their definitions.

- extreme tiredness
  __________________________
  E N G S J K L E G S
  C W A A V Y F C Y S
  N Q N T Z N M N C E
  A B T I A G G E D N
  Y J I S E H F R V I
  O F D F Q P V E X R
  N X O Y M F H F T A
  N C T O K K Q F S E
  A U E U V Z Q I K W
  V Z L Z C N D D R R
  L A H O E S J N S G
  B V C L K U J I V P

- lack of interest in someone or something
  __________________________

- irritation
  __________________________

- to fulfill a desire or need
  __________________________

- Something that counteracts an unpleasant feeling or situation
  __________________________
5 Put the words below in the correct column in the table.

<table>
<thead>
<tr>
<th>entertainment</th>
<th>tedium</th>
<th>monotony</th>
<th>variety</th>
<th>dull</th>
</tr>
</thead>
<tbody>
<tr>
<td>amusing</td>
<td>yawn</td>
<td>adventure</td>
<td>routine</td>
<td>laugh</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Words related to boredom</th>
<th>Words related to fun</th>
</tr>
</thead>
<tbody>
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</table>

6 Write a story about an oyster who is bored at the bottom of the sea. You mustn’t use the words below!

oyster    sea    boredom
Read what these people say about things that bore them, and suggest what they could do to avoid feeling bored.

Anna
I sometimes get bored with a game when I don’t understand the rules.

Alexandra
I get bored when I don’t understand what people are talking about.

Haydn
I sometimes get bored when I can’t think of anything to do.

Leo
I get bored when I’m not concentrating on what I’m doing.

Have any of these things ever happened to you? If so, which?

What makes you feel bored? Write your answer below.
Complete the sentences.

I'm as bored as ...

I'm so bored that ...

I'm more bored than ...

Choose six things from the list below and explain what you could do with them to stop yourself from getting bored.

straw  string  streamers  confetti

felt-tip pens  plastic bottles  cardboard  paper

glue  scissors  cotton wool  lentils

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Boredom

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The EMOTIONARY worksheets belong to the Say What You Feel series. For more information on the series, further worksheets and other supplementary materials, please go to www.palabrasaladas.com/f/emo_eng.html