1 Look at the picture on pages 50 to 51 of the Emotionary and say which things you find disgusting.

Sample answer: The bottles littering the water. The creatures in the water. The smoke coming from the power station. The brown liquid coming out of the tubes.

2 Underline the things below that disgust you.

Open answer
dirty washing    dirty plates    frogs    snail slime
spiders    chalk dust    lentils    cream
honey    false teeth    tobacco    the smell of glue

Now ask a friend which things disgust them and circle their answers. Which do you agree on?

Open answer
Read the text on page 50 of the Emotionary and write T (true) or F (false) next to the sentences.

T Disgust is a kind of displeasure.

F We are disgusted by the same things when we are older as when we were small.

F Everyone is disgusted by the same things.

F We learn disgust from strangers.

T The things that disgust us vary from culture to culture.

Now correct the sentences that are wrong.

We aren’t disgusted by the same things when we are older as when we are small, as our tastes and perceptions change as time goes by.

Not everyone is disgusted by the same things. It varies from family to family and place to place.

We learn what should disgust us from those around us.

Complete the sentences with words from the disgust family.

disgust > disgusting to disgust disgusted

The smell of cauliflower disgusts me.

Well, what I find most disgusting is meat – I’m a vegetarian.

I was disgusted by the meal my brother made last weekend. It was totally undercooked.
Find the words in the text on page 50 of the Emotionary which match the definitions below.

- the opposite of ‘pleasure’ \(\rightarrow\) displeasure
- another word for ‘disgusting’ \(\rightarrow\) repulsive
- the things we like \(\rightarrow\) tastes
- the way we see something \(\rightarrow\) perceptions

Write down two ways we show pleasure.

Sample answer: Say ‘I love you’, help someone, give someone a present.

Write down three ways we show disgust.

Sample answer: Say ‘How disgusting!’’, frown at someone or something, stick your tongue out, pull a face which shows you find something disgusting.

Tick the correct sentence and give some examples.

☐ Disgust is something that is learned, and varies according to age and culture.

☐ Disgust is something we are born with. It’s not something we can change.

Babies put all kinds of things in their mouths. As we get older, we are disgusted by this.
Put the things in order from the least disgusting (1) to the most disgusting (6).

Open answer

- eating lentils from an unused dog’s dish
- drinking a lentil smoothie
- washing in dirty water
- putting your feet in mud without being able to see what your feet are touching
- walking barefoot through a big city
- drinking from a cup with lipstick marks on it

Which of the things in activity 9 involve contact with something dirty?

Washing in dirty water; putting your feet in mud without being able to see what your feet are touching; drinking from a cup with lipstick marks on it.

Which could be considered disgusting, even though they don’t involve contact with anything dirty?

Open answer

Which, if you think carefully about it, shouldn’t really disgust you?

Open answer
Look at the picture on pages 50 to 51 of the EMOTIONARY again. Where do you think it is happening? What do you think the waste consists of?

Sample answer: It could be on the outskirts of a big city, near a factory. The waste could be from a factory or industrial waste.

What kinds of pollution have you heard of? Write them down, then ask an adult to tell you some more.

Sample answer: water, air, noise pollution…

Why do you think that pollution is bad?

Sample answer: Pollution is bad because it alters our environment. It can also cause diseases and can kill people and wildlife.
Disgust

The EMOTIONARY worksheets belong to the Say What You Feel series. For more information on the series, further worksheets and other supplementary materials, please go to www.palabrasaladas.com/f/emo_eng.html