1. Look at the picture on pages 50 to 51 of the Emotionary and say which things you find disgusting.

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2. Underline the things below that disgust you.

- dirty washing
- dirty plates
- frogs
- snail slime
- spiders
- chalk dust
- lentils
- cream
- honey
- false teeth
- tobacco
- the smell of glue

Now ask a friend which things disgust them and circle their answers. Which do you agree on?
Read the text on page 50 of the Emotionary and write T (true) or F (false) next to the sentences.

- Disgust is a kind of displeasure.
- We are disgusted by the same things when we are older as when we were small.
- Everyone is disgusted by the same things.
- We learn disgust from strangers.
- The things that disgust us vary from culture to culture.

Now correct the sentences that are wrong.

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Complete the sentences with words from the disgust family.

- The smell of cauliflower ______________________ me.
- Well, what I find most ____________________ is meat – I'm a vegetarian.
- I was ____________________ by the meal my brother made last weekend. It was totally undercooked.
5 Find the words in the text on page 50 of the Emotionary which match the definitions below.

- the opposite of ‘pleasure’ → ______________________
- another word for ‘disgusting’ → ______________________
- the things we like → ______________________
- the way we see something → ______________________

6 Write down two ways we show pleasure.

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7 Write down three ways we show disgust.

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8 Tick the correct sentence and give some examples.

☐ Disgust is something that is learned, and varies according to age and culture.

☐ Disgust is something we are born with. It’s not something we can change.
Put the things in order from the least disgusting (1) to the most disgusting (6).

☐ eating lentils from an unused dog’s dish
☐ drinking a lentil smoothie
☐ washing in dirty water
☐ putting your feet in mud without being able to see what your feet are touching
☐ walking barefoot through a big city
☐ drinking from a cup with lipstick marks on it

Answer the questions.

1. Which of the things in Activity 9 involve contact with something dirty?

2. Which could be considered disgusting, even though they don’t involve contact with anything dirty?

3. Which, if you think carefully about it, shouldn’t really disgust you??
Look at the picture on pages 50 to 51 of the EMOTIONARY again. Where do you think it is happening? What do you think the waste consists of?

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What kinds of pollution have you heard of? Write them down, then ask an adult to tell you some more.

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Why do you think that pollution is bad?

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____________________________________________________________
Disgust

NOTES

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