1. Look at the picture on pages 38 to 39 of the EMOTIONARY and answer the questions.

   • What has happened to the sheep standing in the middle?

   ______________________________________________________________
   ______________________________________________________________
   ______________________________________________________________

   • How can you tell how she feels?

   ______________________________________________________________
   ______________________________________________________________
   ______________________________________________________________

2. What are the sheep thinking? Write down your answers.

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   ______________________________________________________________
   ______________________________________________________________
   ______________________________________________________________
3 Read the text on page 38 of the EMOTIONARY and answer the questions.

Does embarrassment appear when you are expecting it to? If not, how does it appear?

When do you feel embarrassment?

How can other people see that you are embarrassed?

In the text it says that embarrassment isn’t very discreet. What does discreet mean? Tick the correct answer.

☐ It doesn’t try to hide. If you’re embarrassed, you can’t hide!
☐ It doesn’t serve any purpose.
☐ It doesn’t take other people into consideration.

What’s the opposite of discreet?

Write the opposite of the words below.

unlikely →  
unfortunately →  
possible →  
aware →  

5 Write the words from the **embarrassment** family next to their definitions.

<table>
<thead>
<tr>
<th>embarrasment</th>
<th>embarrassed</th>
<th>embarrassing</th>
</tr>
</thead>
<tbody>
<tr>
<td>embarrass</td>
<td>unembarrassed</td>
<td></td>
</tr>
</tbody>
</table>

- A feeling of shame or awkwardness → ________________  
- To cause embarrassment → ________________  
- Feeling or showing embarrassment → ________________  
- Not feeling or showing embarrassment → ________________  
- Causing someone to feel embarrassed → ________________

6 We don’t only feel **embarrassment** as a result of something we have done ourselves. Copy the sentence from the text on page 38 of the EMOTIONARY which shows that we can sometimes feel another kind of embarrassment.

________________________________________________________________________

________________________________________________________________________

7 Imagine a situation where you feel **embarrassed** for a friend. Write about it.

________________________________________________________________________

________________________________________________________________________
8 Ask three friends or family members what makes them feel **embarrassed** and how they deal with it. Write their answers.

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9 Think about the last time you felt **embarrassed**. Why? What were you thinking when you were embarrassed?

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Do you think you would have been **embarrassed** if you had tried to think differently?

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____________________________________________________________

10 What do you do when you feel **embarrassed**?

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____________________________________________________________

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11 Read about Planet Barremass below. Then draw a picture of an **embarrassing** situation on this planet.

On Planet Barremass we get embarrassed too – but not for the same reasons as you do on Earth. We get embarrassed when people put things on their heads or walk, instead of hopping. When we are embarrassed, our faces go green and our mouths fall open.
Embarassment

NOTES

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The EMOTIONARY worksheets belong to the Say What You Feel series. For more information on the series, further worksheets and other supplementary materials, please go to www.palabrasaladas.com/f/emo_eng.html